

# COMMUNITY SUPPORTED AGRICULTURE

In your hands is a share of the work of our year: precious and beautiful medicines from our gardens and honey bee hives.

As we are tending together on this unceded land of Skwxwú7mesh, Səlilwataʔ, and xʷməθkʷəy̓əm peoples, we are remapping relations towards moving reciprocally, with seasons and elements. We are coming into our Fireweed Dreams - a way of relating to time, knowing our medicines and world building.

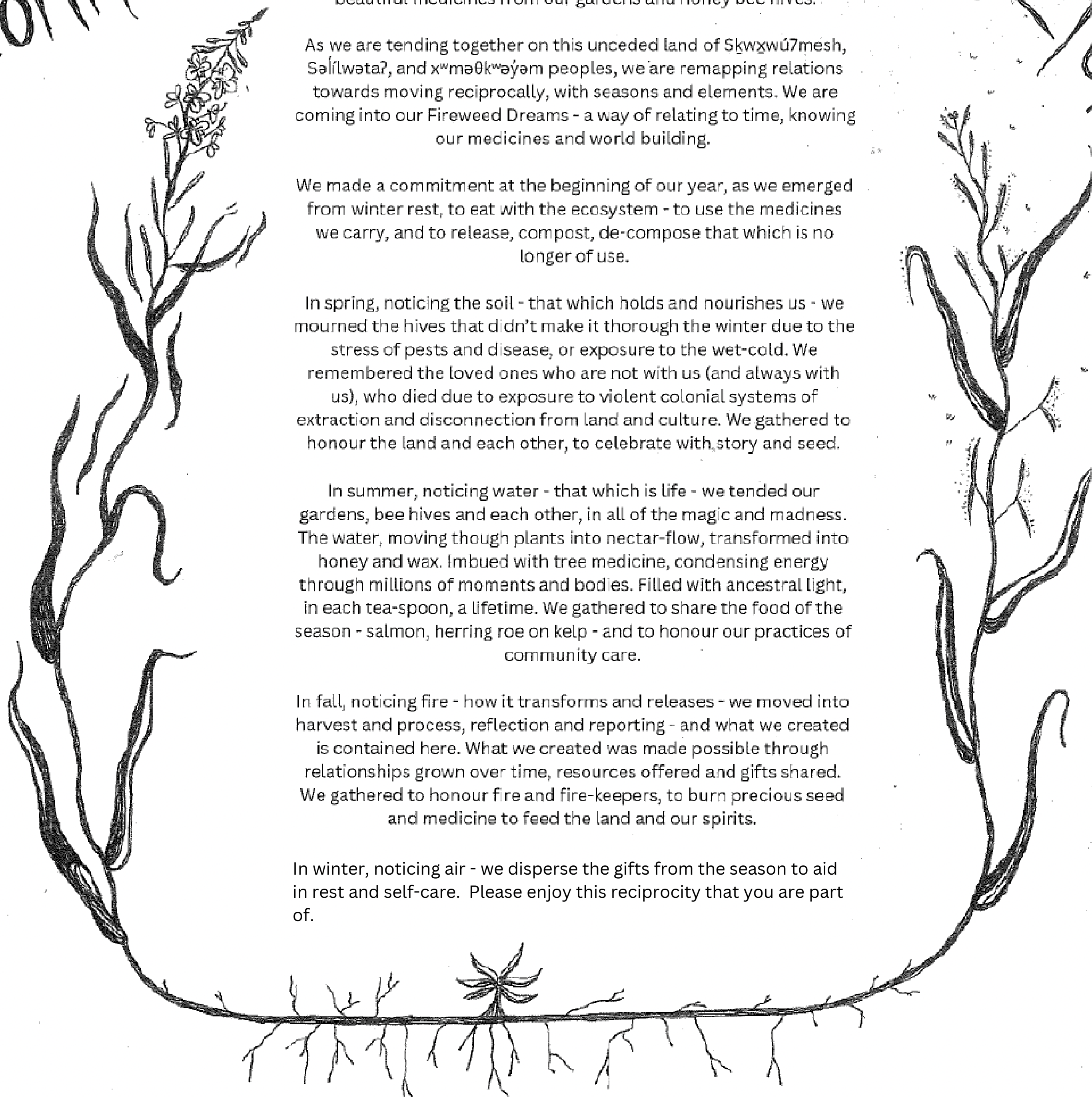
We made a commitment at the beginning of our year, as we emerged from winter rest, to eat with the ecosystem - to use the medicines we carry, and to release, compost, de-compose that which is no longer of use.

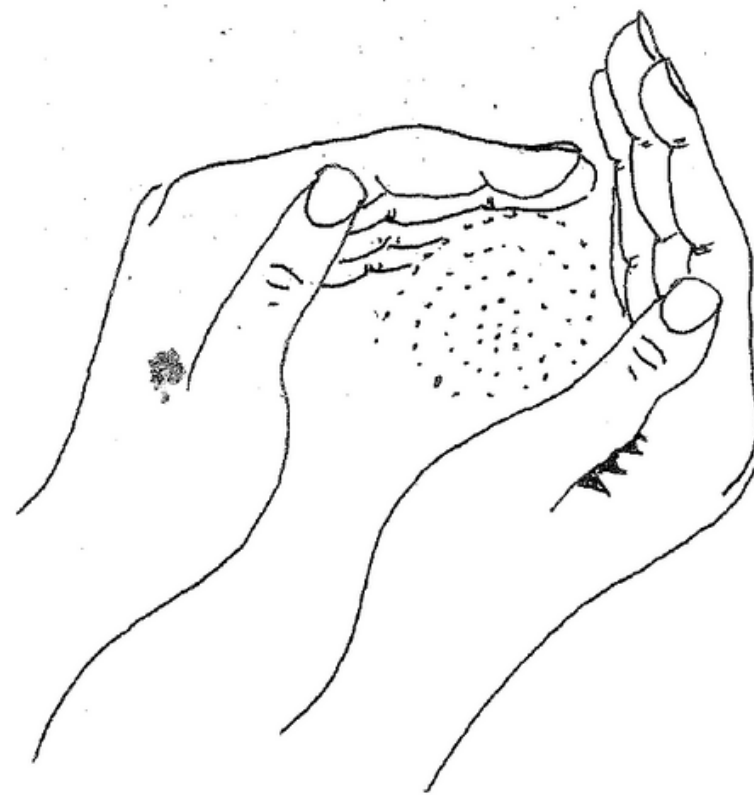
In spring, noticing the soil - that which holds and nourishes us - we mourned the hives that didn't make it through the winter due to the stress of pests and disease, or exposure to the wet-cold. We remembered the loved ones who are not with us (and always with us), who died due to exposure to violent colonial systems of extraction and disconnection from land and culture. We gathered to honour the land and each other, to celebrate with story and seed.

In summer, noticing water - that which is life - we tended our gardens, bee hives and each other, in all of the magic and madness. The water, moving through plants into nectar-flow, transformed into honey and wax. Imbued with tree medicine, condensing energy through millions of moments and bodies. Filled with ancestral light, in each tea-spoon, a lifetime. We gathered to share the food of the season - salmon, herring roe on kelp - and to honour our practices of community care.

In fall, noticing fire - how it transforms and releases - we moved into harvest and process, reflection and reporting - and what we created is contained here. What we created was made possible through relationships grown over time, resources offered and gifts shared. We gathered to honour fire and fire-keepers, to burn precious seed and medicine to feed the land and our spirits.

In winter, noticing air - we disperse the gifts from the season to aid in rest and self-care. Please enjoy this reciprocity that you are part of.





**DTES Honey:** Caramel deep, mint and berry, fireweed and bright sweet from the bees who are hosted at the Healing Garden on the 100 block, and the V6A Garden beside the Astoria.

&

**East Van Honey:** Fruity sweet, gentle gold, citrus song from the bees who are hosted at the Transformed Life Garden at Britannia Community Centre.

**Tending Together Beeswax Salve:** Comfrey and yarrow, medicinal plants who provide soothing/healing to our hands and bodies, and food to many pollinators. Their leaves infused into organic coconut oil, and blended with our own beeswax.

or

**Remapping Relations Beeswax Salve:** Propolis and beeswax from our honey bee hives, infused into organic coconut oil, providing tree medicine and offering soothing/healing to our hands and bodies.

**Beeswax Votive Candle:** Fragrant, precious; this shape burns the longest when held in a container that matches its size. We learned a lot this year through the process of rendering wax from our own honey-cappings, and the scrapings we saved from our hives over the year. Melted, filtered, melted, filtered, melted, poured – much less wax came than we anticipated, and we had to face how much the value of this medicine has been masked by the way we were ordering, shipping in, and moving through pallets of beeswax in past years.

**Yarrow Seeds:** Yarrow is a healer: plant these seeds, bring them your care, and notice how you grow and shift with them over time.

**Future Medicine Berry Patch Booklet:** a collaboration of story, memory, soil, sense, love and time. With space for you to add your own questions and reflections. We are proud to share this outcome from one of our projects, as we deepen our work, as we bring in our artistry, as we gather to tend, harvest, gift and relate.

**Share-holder Reciprocity:** You bought in, you gave your support, and you showed up. 100 member shares containing 200 honeys, 100 salves, 100 candles, 100 seeds, 100 booklets.

**Redistribution Reciprocity:** To be gifted to frontline and urban Indigenous community gathering on the land - around earth, water and fire: 220 honeys, 60 salves, 50 candles, 200 seeds, 100 booklets.